



Milton Keynes RCN Branch Newsletter

July 2024



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BRANCH COMMITTEE



Branch Chair

Catherine Apiaka, Nurse at Chadwick Lodge, working for Elysium Healthcare in Milton Keynes. Supports members as a Learning Rep.



Secretary

Stephen Shouler, a Senior Staff Nurse in the Dermatology Department, Outpatients Department at Milton Keynes University Hospital. Supports members as a Steward. Also a member of the RCN Stewards Committee.



Treasurer also the LGBTQ Committee Member at present

HCA Practice Educator at Milton Keynes University Hospital and supports members as an RCN Steward and Learning Rep. Also the South East member of the RCN UK NSW Committee.

NSW Committee Member - Elizabeth Gleeson

Nurse/Student Committee Member - Dawn Collis

BME Committee Member - Abigail Boateng



RCN Congress 2024

I attended my second Congress this year in June as part of the NSW Committee. It was packed full of exciting and interesting debates and matters for discussion. These included: 'Should nursing support workers be registered?' and 'Redefining nursing disability nursing'.

There were also keynote speakers including Nicola Ranger, RCN General Secretary and Chief Executive, and rugby legend Gareth Thomas who spoke passionately about the care he has received since his HIV diagnosis.

There are great networking opportunities throughout Congress and there are all types of wellbeing events. Anyone can go as these are not defined by which membership category you are in.

There are also many social events to attend such as the NSW and student receptions and the regional dinners. It really is a full packed five days.

I made so many new friends and many connections with members of different organisations. I cannot wait for next year in Liverpool. Please contact me if you have questions about Congress or would like to know more about my journey at Congress: sharon.mitchel@reps.rcn.org.uk

You can still watch all the debates and keynote speakers from this year's Congress by going to [rcn.org.uk /Congress](https://rcn.org.uk/Congress).

Written by Sharon Mitchel





RCN Congress 2024 Gallery



RCN Congress 2024 Gallery



The NSW members at MKUH who were unable to attend Congress received gifts from the South East member of the Nursing Support Workers Committee. If you are a NSW member and would like a mug please contact: sharon.mitchel@reps.rcn.org.uk (while stocks last!)



NSW Blog

The HCA band 2-3 change for those that qualify is in progress and the roll out is due to be confirmed in the next few weeks.

Details of this including backpay are in discussion with the RCN and other unions. The offer will be voted on by members.

The number of band 3 roles available will be dependent on the acuity of the work area.

HCA's must meet the criteria set that will include the completion of the Care Certificate and the MKUH HCA Standards and working towards level 3 if not already achieved.

Please be aware that enhancements for unsocial hours etc will be lower for a band 3 role.

Written by Liz Gleeson

RCN Branch PRIDE CELEBRATIONS at MKUH





**Student Nurses, Nurses, Healthcare Assistants,
Assistant Practitioners, Nursing Associates
and retired members - are you a budding writer? Would you like to
write an article or share pictures of your RCN activity?**

**Then please contact:
sharon.mitchel@rep.rcn.org.uk**

**You can find out more about the branch and get in touch by going to
the Milton Keynes branch page at rcn.org.uk/southeast**

