



Milton Keynes RCN Branch Newsletter

January 2024



2024

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Say 'hello' to you Branch Committee for 2024



Branch Chair



Hi, my name is Catherine Apiaka. I am Charge Nurse at Chadwick Lodge working for Elysium Healthcare in Milton Keynes. I am also an RCN Steward.

I am very honoured to take on the role of Branch Chair this year.

Secretary



Hi, my name is Stephen. I am a Senior Staff Nurse in the Dermatology Department, in the Outpatients Department at Milton Keynes University Hospital.

I am also involved with the RCN through helping to support members in my roles as an RCN Steward and as an RCN Learning Rep.

This is my third year being Secretary.

Treasurer also the LGBTQ committee member at present



Hi, I am currently an HCA Practice Educator at Milton Keynes University Hospital and support members through my roles as an RCN Steward and Learning Rep.

I am also the South East member of the RCN UK NSW Committee.

I am very honoured to take the role of Branch Treasurer this year having previously been Chair for two years.

Also in the Branch team:

NSW Committee Member - Elizabeth Gleeson

Nurse/Student Committee Member - Dawn Collis

BAME Committee Member - Abigail Boateng



Branch Meeting

6th February

13.00pm-15.00pm

Academic Centre

Milton Keynes University Hospital

Please join us for our first branch meeting of the year.

It is a time for you as members to meet your new branch committee for 2024 and hear the branch plan of events for 2024.

It is also a time for you to come and ask questions and find out more information about your branch.

You can raise issues that you may have in your work place.

It is also a good place to find out what is happening within the RCN as a whole, plans for 2024, and how you as members can be involved.

We are also happy to answer any questions you may have regarding RCN Congress which will be held in Newport in Wales this year.



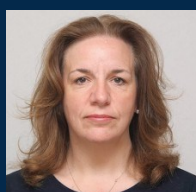
RCN Congress

Congress 2024 will take place in Newport, Wales from 2 to 6 June

Network, learn, develop, debate

Congress is the ultimate opportunity to network with peers, hear from exceptional keynote speakers and take part in hot-topic debates about the issues affecting the nursing workforce.

Plus, with a dynamic learning and wellbeing programme, exhibition and scenic woodland location, you're sure to leave Congress feeling enriched and inspired.



"RCN Congress is a unique opportunity for nursing staff from every part of the UK to come together, learn from each other and engage with the College and its partners. I look forward to seeing members of Milton Keynes Branch at Congress this year." Ellen McNicholas, RCN South East Regional Director



'NSW Blog' - news and views for NSW members

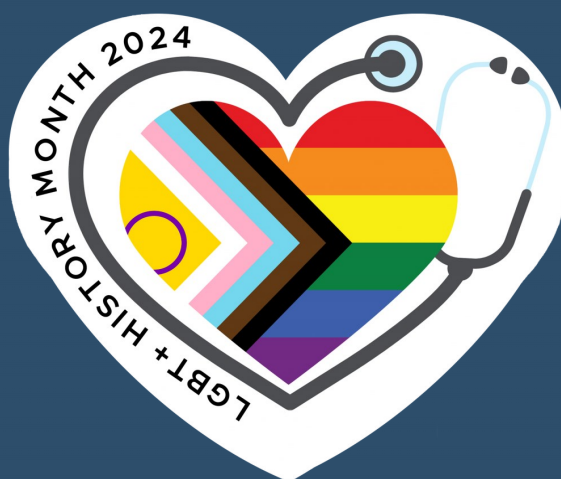
As the NSW committee representative, I would like to ensure NSWs are properly represented within the RCN, our rights are respected and upheld and we can move forward with better conditions and pay. I look forward to editing this NSW Blog and would love for any NSW to contribute to this, so please get in touch with any ideas or articles you would like to add to the blog and send them to:

sharon.mitchel@rcn.reps.org.uk

Written and edited by Elizabeth Gleeson.



LGBT+ History Month 2024



The 2024 theme celebrates LGBT+ peoples' contribution to the field of Medicine and Healthcare both historically and today.

At a time when the LGBT+ community is experiencing a rise in hate crime and hate instances we also encourage you to look 'Under the Scope' and listen to LGBT+ peoples' lived experiences from LGBT+ people.

We as a branch are planning to be part of an event in Milton Keynes University Hospital week commencing the 19th February so please look out for an update and come along and see us.

C'MON EVERYBODY!



**Student Nurses, Nurses, Healthcare Assistants,
Assistant Practitioners, Nursing Associates
and retired members — are you a budding writer, would you like to
write an article or share your pictures of activities you are involved
in as part of the RCN?**

**Then please contact:
sharon.mitchel@rep.rcn.org.uk**

**You can find out more about the branch and get in touch by going to
the Milton Keynes branch page at rcn.org.uk/southeast**

