



Greetings from Gill and the Branch Exec (November 2024)

- This is our eleventh Branch Newsletter to update you about what has happened recently and what is planned over the next few months.

What we have done

- 'How to be Congress confident: why it's important and how to get your voice heard' - September 10th - Big thanks to Helen Wigginton South East Comms Manager who ran the session.
- Branch Study Day and AGM – October 10th – Great speakers covering the following topics - Nursing Workforce Standards - RCN guide to staffing levels session; Student workforce session; Update about the Activism Academy; Update on national work around mental health.
- HCSW celebratory events – November 22nd – Lunch for ESHT HCSW event; Celebratory Event for HCSWs at King's Centre; Afternoon Tea for wards at Eastbourne site ESHT.

Pending events

- Afternoon speaker events (Long Covid related) – dates pending. Coming soon. If you want other subjects covered let Gill know.
- Lunch and Learn events – subject 'Managing Menopause in the Workplace'. If you want this at your workplace let Gill know.
- Induction events at ESHT - various dates – if you can help let Gill know.

Branch Exec:-

Gill Tanner - Branch Chair (works in A&E EDGH, ESHT) gill.tanner@reps.rcn.org.uk

Branch Secretary - currently vacant

Anthea Richardson – Branch Treasurer (retired nurse)

Jacqui Post – Branch non-exec member (works in OPD, Conquest, ESHT)

Antonia Berelson – Branch non-exec member (works in Sexual Health, Station Plaza)

