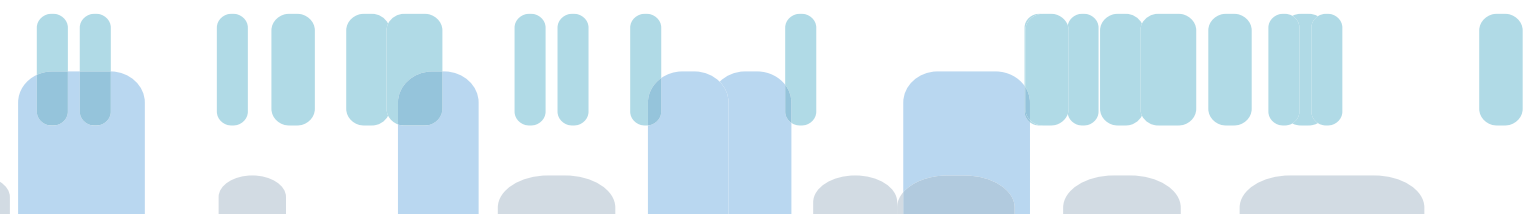


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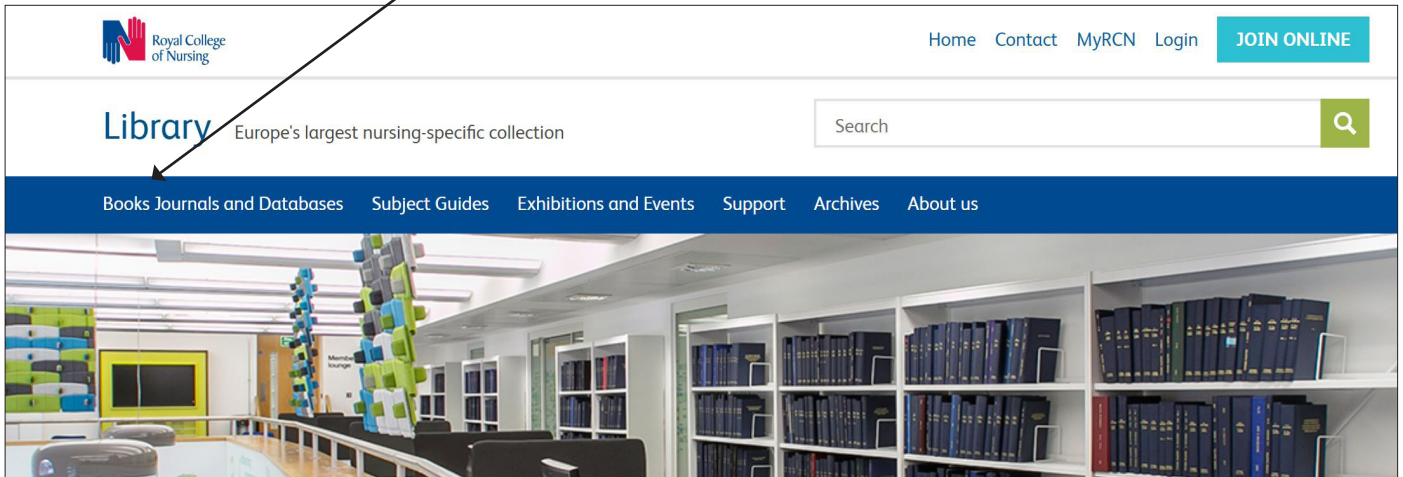
Introduction to using the CINAHL database: step-by-step guide



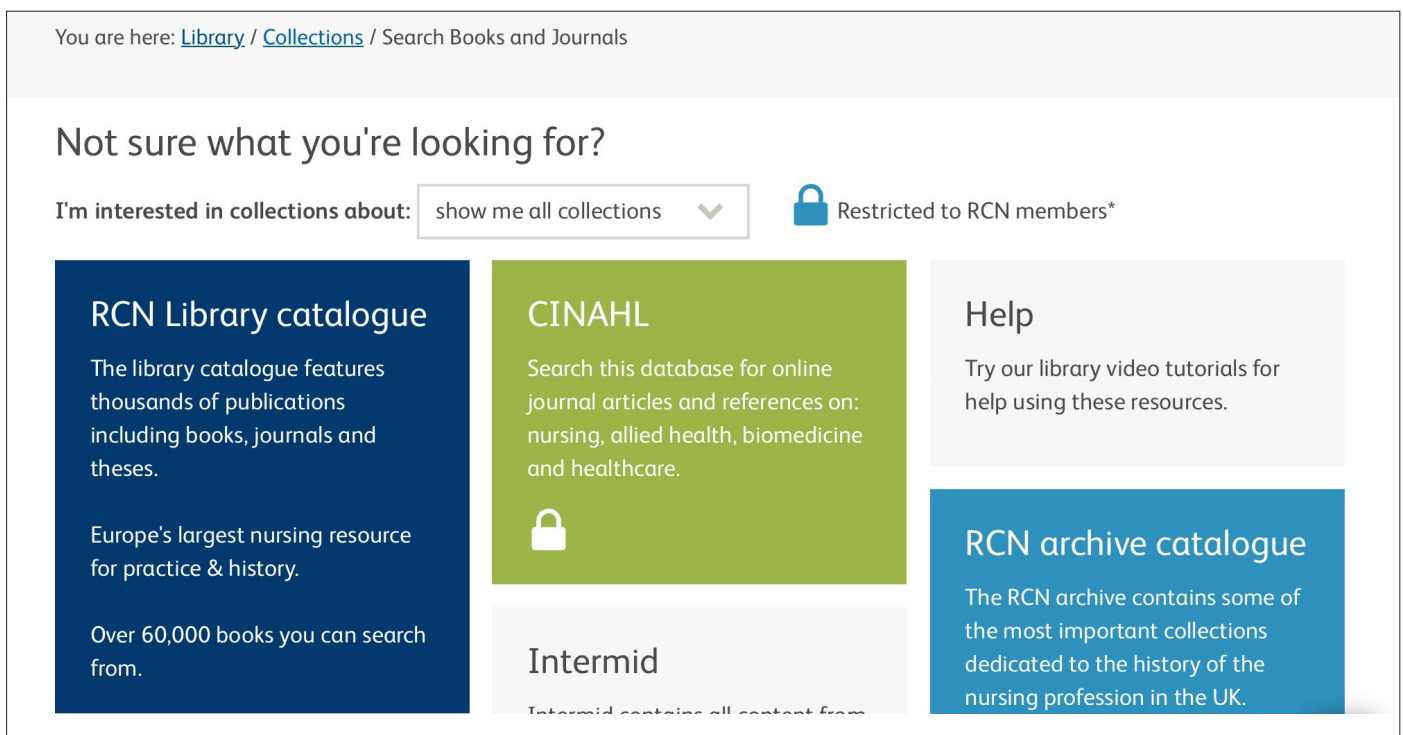
Accessing CINAHL

CINAHL is the Cumulative Index to Nursing and Allied Health Literature. It contains **references to articles** from hundreds of nursing journals from the UK, USA and other countries, and links to thousands of **full text journal articles**. Not all articles are available in full text online.

To access CINAHL, firstly go to the Library and Archive Service website www.rcn.org.uk/library
Click on the **Books Journals and Databases** heading



On the next screen, scroll down the page and click on **CINAHL**



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Search tips

Spend a few moments thinking about the most important words in your topic. For instance, if you want to find information about 'the effect of **nutrition** on **wound healing**' the highlighted words are your keywords.

Tips:

- search using keywords rather than typing in a sentence
- think of related words e.g. elderly or older
- search using acronyms as well as full names e.g. NHS or National Health Service.

Searching using keywords

Type your first keyword or keywords into the boxes e.g. **nutrition** and **wound healing** then click on **search**

EBSCOhost Searching: CINAHL with Full Text | Choose Databases

Suggest Subject Terms

Nutrition Select a Field (option... Search Clear ?

AND Wound healing Select a Field (option... + -

AND Select a Field (option... + -

Basic Search Advanced Search Search History

ROYAL COLLEGE OF NURSING

Search Options

Reset

Search Modes and Expanders

Search modes ?

Boolean/Phrase

Find all my search terms

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SmartText Searching [Hint](#)

Apply related words

Also search within the full text of the articles

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Search results

Your search history is displayed below the search box:

- each search is numbered (**Search ID#**).
- the column **Search Terms** shows the search terms you have entered
- the column **Actions** shows the number of results found for each search
- click on **View Results** to view the results of a search.

Search Terms

Actions (number of results)

View Results

Search History/Alerts

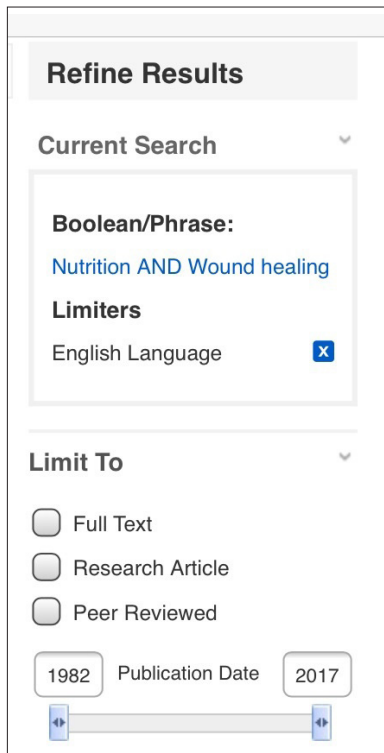
[Print Search History](#) | [Retrieve Searches](#) | [Retrieve Alerts](#) | [Save Searches / Alerts](#)

Select / deselect all Search with AND Search with OR Delete Searches Refresh Search Results

Search ID#	Search Terms	Search Options	Actions
<input type="checkbox"/> S1	Nutrition AND Wound healing	Limiters - English Language Search modes - Boolean/Phrase	View Results (566) View Details Edit

Refine your results

You can refine your search results to find articles available in full text or that are peer reviewed, research articles etc. You can also refine results by publication date.



Refine Results

Current Search

Boolean/Phrase:
Nutrition AND Wound healing

Limiters
English Language

Limit To

Full Text
 Research Article
 Peer Reviewed

1982 Publication Date 2017

- View the results of your search.
- Use the **Refine Results** options which appear on the left hand side of the screen
- Further options are available to refine your search by source type e.g. academic journals as well as filtering search results by age group, gender etc.

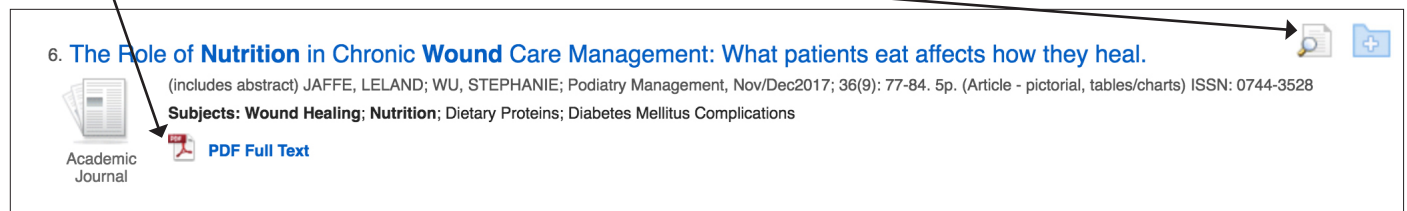
Viewing results

Records in CINAHL include the following information: title, author, and journal details.



Many records also include an abstract (summary). To see this move your mouse over the preview button.

PDF full text

Preview





6. **The Role of Nutrition in Chronic Wound Care Management: What patients eat affects how they heal.**
(includes abstract) JAFFE, LELAND; WU, STEPHANIE; Podiatry Management, Nov/Dec2017; 36(9): 77-84. 5p. (Article - pictorial, tables/charts) ISSN: 0744-3528
Subjects: Wound Healing; Nutrition; Dietary Proteins; Diabetes Mellitus Complications


Academic Journal  PDF Full Text 

Accessing full text

If an article is in full text on CINAHL there will be a link to **PDF Full Text**.

Alternatively the record may include a message saying **360 Link to Full Text** or **Linked Full Text**.


1. **Nutrition and Lower Extremity Ulcers: Causality and/or Treatment.**  



 (includes abstract) Haughey, Lauren; Barbul, Adrian, International Journal of Lower Extremity **Wounds**, Dec2017; 16(4): 238-243. 6p. (Article) ISSN: 1534-7346


Academic Journal

Subjects: Lower Extremity Pathology; Causal Attribution; Leg Ulcer Therapy; Nutritional Status

[Cited References: \(58\)](#)



 [Link to Full Text](#)

2. **A Dedicated Nutritional Care Program (NUTRICARE) to reduce malnutrition in institutionalised dysphagic older people: A quasi-experimental study.**  

 (includes abstract) Zanini, Milko; Bagnasco, Annamaria; Catania, Gianluca; Aleo, Giuseppe; Sartini, Marina; Cristina, Maria Luisa; Ripamonti, Stefania; Monacelli, Fiammetta; Odetti, Patrizio; Sasso, Loredana; Journal of Clinical Nursing, Dec2017; 26(23/24): 4446-4455. 10p. (Article - research, tables/charts) ISSN: 0962-1067

Academic Journal

Subjects: Nursing Home Patients; Deglutition Disorders Complications; Malnutrition Prevention and Control; Food Standards; **Nutrition**; Quality Improvement Methods; Program Evaluation; Outcome Assessment; Nutritional Assessment; Aged: 65+ years; Aged, 80 & over; Female; Male

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- Click on the **folder icon** to add references to the folder. The icon will then turn yellow.


10. **Systematic review of the impact and treatment of malnutrition in patients with chronic vascular wounds.** 


 (includes abstract) Stopher, L.; Jansen, S.; **Wound Practice & Research**, Jun2017; 25(2): 71-80. 10p. (Article - research, systematic review, tables/charts) ISSN: **1837-6304**

Academic Journal **Subjects:** Malnutrition Therapy; **Wounds**, Chronic; Quality of Life; **Wound Healing; Nutrition**

 **PDF Full Text**

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Suggest Subject Terms

Select a Field (option... ▾ **Search** **Clear** ?

AND ▾ Select a Field (option... ▾

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